

# Nutrition — Wellness Option (NTWE)

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## Freshman

Fall	Hours	Spring	Hours
CHEM 1030 Fundamentals Chemistry I		3 BIOL 1020 Principles of Biology	3
CHEM 1031 Fundamental Chemistry I Laboratory		1 BIOL 1021 Principles of Biology Laboratory	1
ENGL 1100 English Composition I		3 CHEM 1040 Fundamental Chemistry II	3
MATH 1150 Pre-Calculus Algebra and Trigonometry		4 CHEM 1041 Fundamental Chemistry II Laboratory	1
PSYC 2010 Introduction to Psychology		3 ENGL 1120 English Composition II	3
Core History I		3 Core History II	3
		<b>NTRI 2000/2007 Nutrition And Health</b>	<b>3</b>
	<b>17</b>		<b>17</b>

## Sophomore

Fall	Hours	Spring	Hours
Literature Core		3 CHEM 2030 Survey of Organic Chemistry	3
Social Science Core		3 <b>NTRI 2070 Careers in Nutrition, Dietetics and Wellness</b>	1
Fine Arts Core		3 <b>CADS 2000 Global Consumer Culture</b>	3
BIOL 2500 Human Anatomy and Physiology I		3 COMM 1000 Public Speaking	3
BIOL 2501 Human Anatomy and Physiology I Laboratory		1 BIOL 2510 Human Anatomy and Physiology II	3
<b>NTRI 3560 Experimental Study of Foods</b>		4 BIOL 2511 Human Anatomy and Physiology II Laboratory	1
	<b>17</b>		<b>14</b>

## Junior

Fall	Hours	Spring	Hours
Professional Electives <sup>1</sup>		2 <b>NTRI 3750 Nutrition Education</b>	2
PHIL 1030 Ethics and the Health Sciences		3 <b>NTRI 4830 Vitamins And Minerals</b>	3
Free Electives		2 STAT 2510 Statistics for Biological and Health Sciences	3
<b>NTRI 2010 Basic Sports Nutrition</b>		3 KINE 1100 Wellness & Public Health	3
<b>BCHE 3180 Nutritional Biochemistry</b>		3 <b>NTRI 4820 Macronutrients</b>	3
		ENGL 3040 Technical Writing	3
	<b>13</b>		<b>17</b>

## Senior

Fall	Hours	Spring	Hours
<b>NTRI 5820 Nutrition In The Life Cycle</b>		3 Free Electives	4
<b>HDFS 2000 Marriage and Family in a Global Context</b>		3 Professional Electives <sup>1</sup>	9
<b>NTRI 4620 Public Health Nutrition</b>		3 UNIV 4AA0 <sup>2</sup>	0

Professional Electives <sup>1</sup>	6 <b>NTRI 5100 Nutrition in Disease Prevention</b>	<b>2</b>
	<b>15</b>	<b>15</b>

**Total Hours: 125**

<sup>1</sup> Professional electives options: HOSP 1010, NTRI 4560, NTRI 4561, NTRI 5560, COMP 1000, KINE 3400, KINE 3680, KINE 4450, COMM 2010, COMM 2410, COMM 3100, COMM 3110, COMM 3450, COMM 3500, JRNL 1100, JRNL 2210, JRNL 3220, HDFS 2010. Courses from Business minor, Hunger minor, Joseph S. Bruno Auburn Abroad in Italy, PYSC, COUN, Foreign Language Undergraduate Research. Department head approval.

<sup>2</sup> Seniors must register for UNIV 4AA0HS1 the term they plan to graduate (non-credit class number for clearing graduation check).

\*\*\* **NOTE:** Required major courses and College core courses are in **bold**. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards.