Human Development and Family Studies

The Human Development and Family Studies (HDFS) undergraduate curriculum is designed to prepare students for a variety of careers that contribute to the well-being of individuals and families across the life span. Career directions include, but are not limited to, teaching preschool-aged children, supporting children and families in a hospital setting, serving teens in residential treatment or church programs, aiding adult and/or elderly populations, implementing family education in the broader community, or advocating for family policy within government settings. Students also gain excellent preparation for graduate school. Majors select one of five concentration areas: Early Child Development, Child Life, Middle Childhood/Adolescence, Adult Development, or Family Life Education. The capstone course for students is the full-time undergraduate internship where classroom learning and real life come together to strengthen professional competence. The HDFS curriculum draws from the knowledge of many academic disciplines to promote understanding of current issues for individuals and families in modern society, and it is approved by the National Council on Family Relations to offer the Provisional Certified Family Life Education (CFLE) designation. The Department also operates the Auburn University Early Learning Center as well as the Harris Early Learning Center in Birmingham, Alabama. Both programs are accredited by the National Association for the Education of Young Children.

Fingerprint/Criminal Background Checks are required of all HDFS majors. Students who do not obtain the required background check and clearing letter will not be allowed to enroll in practicum, service learning, research, or internship courses.

Dual Objective Program: The Dual Objective Program with Human Development and Family Studies and the Early Childhood Education program in the College of Education is open to students in Human Development and Family Studies. Students completing this dual objective program earn the bachelor of science in the declared major from the College of Human Sciences and are eligible for an Alabama Class B teachers certification. Transferring into a teacher education program requires a minimum 2.75 GPA on all college coursework attempted and on all coursework attempted at Auburn.

Academic Standards and Policies: Students must earn a grade of C or better on all required HDFS major core classes at the 3000-level or higher to complete graduation requirements.

Major

- Human Development and Family Studies (http://bulletin.auburn.edu/undergraduate/collegeofhumansciences/departmentofhumandevelopmentandfamilystudies/humandevelopmentandfamilystudies_major)

Minor

- Human Development and Family Studies (http://bulletin.auburn.edu/undergraduate/collegeofhumansciences/departmentofhumandevelopmentandfamilystudies/humandevelopmentandfamilystudies_minor)

Courses

**HDFS 1850 CURRENT ISSUES IN HUMAN DEVELOPMENT AND FAMILY STUDIES (3)** LEC. 3. Current issues facing families and children evaluated in the light of scientific research.

**HDFS 2000/2003 MARRIAGE AND FAMILY IN A GLOBAL CONTEXT (3)** LEC. 3. Examination of marriage and family systems, including their interface with the broader socio-cultural context. Fall, Spring.

**HDFS 2010/2013 LIFESPAN HUMAN DEVELOPMENT IN FAMILY CONTEXT (3)** LEC. 3. Human development within the context of the family and across the family life cycle with a focus on significant life transitions. Fall, Spring. Credit will not be given for both HDFS 2010 and HDFS 2013.

**HDFS 2030/2033 PROFESSIONAL DEVELOPMENT AND ETHICS (3)** LEC. 3. Appraisal of career potential, formulation of a professional code of ethics, and exploration of career options. Fall, Spring.

**HDFS 2040/2043 ANALYTICS FOR THE SOCIAL AND BEHAVIORAL SCIENCES (4)** LEC. 3. LAB. 1. Pr. (MATH 1100 or MATH 1120 or MATH 1130 or MATH 1133 or MATH 1150 or MATH 1153 or MATH 1610 or MATH 1613 or MATH 1617). Introduction to basic data analysis used in social and behavioral science research, including descriptive and inferential techniques and elements of research design. May count either HDFS 2040, HDFS 2043 or PSYC 2130.
HDFS 2050/2053 ISSUES AND TRENDS IN EARLY CHILD DEVELOPMENT (3) LEC. 3. This course will examine the history of the field of early care and education, specifically in regard to young children. Theorists such as Montessori, Dewey, Piaget and Vygotsky will be discussed. Modern approaches such as Reggio Emilia, High Scope, Forest Schools and Open Schools will be examined. Students will learn about laws pertaining to young children as well as avenues for advocacy. Emphasis will be placed on the importance of building family and community relationships as well as becoming a professional in the early childhood field.

HDFS 3010/3013 CHILD DEVELOPMENT IN THE FAMILY (3) LEC. 3. Pr. 2.25 GPA. HDFS 2010 or HDFS 2013. Social, emotional, physical and intellectual development in early and middle childhood with a special focus on family relationships. Fall, Spring. Credit can not be given for both HDFS 3010 and HDFS 3013.

HDFS 3030 ADOLESCENT DEVELOPMENT IN THE FAMILY (3) LEC. 3. Pr. 2.25 GPA. HDFS 2010 or HDFS 2013. 2.25 GPA. Analysis of adolescent development with emphasis on family context and developmental outcomes employing an ecological framework.

HDFS 3040/3043 HUMAN SEXUALITY OVER THE FAMILY LIFE CYCLE (3) LEC. 3. Pr. HDFS 2000 or (SOCY 1000 or SOCY 1007) or (PSYC 2010 or PSYC 2013 or PSYC 2017). Human sexuality from a life-cycle perspective, emphasizing developmental, familial and societal factors.

HDFS 3050 ADULT DEVELOPMENT AND AGING (3) LEC. 3. Exploration of the transformations in physical, cognitive, psychological and social functioning beginning in young adulthood and continuing through old age.

HDFS 3060/3063 PATTERNS OF FAMILY INTERACTION (3) LEC. 3. Pr. 2.25 GPA. HDFS 2000. Examination of family process and interaction, emphasizing major conceptual frameworks of family development. Fall, Spring.

HDFS 3080 DEVELOPMENT OF INTERPERSONAL RELATIONSHIPS (3) LEC. 3. Pr. 2.25 GPA. HDFS 2000. Examination of the competencies necessary for development of successful interpersonal relationships. Fall, Spring.

HDFS 3380 STUDY ABROAD OPPORTUNITIES IN HUMAN SCIENCES (1) LEC. 1. Exploration of study abroad opportunities for students interested in the International Minor in Human Sciences.

HDFS 3460/3463 EFFECTIVE GUIDANCE AND INTERACTION WITH YOUNG CHILDREN (3) LEC. 2. LAB. 1. Pr. (HDFS 2010 or HDFS 2013) and (P/C HDFS 3010 or P/C HDFS 3013). Child development and teacher child relationship knowledge applied to interactions with young children. Three hours per week at Auburn University Early Learning Center for lab. Fall, Spring.

HDFS 3470/3473 LEARNING EXPERIENCES FOR YOUNG CHILDREN (4) LEC. 4. Pr. HDFS 3460. Child development knowledge applied to preschool curriculum planning with 6 hours a week of supervised participation at Auburn University Early Learning Center. Spring.

HDFS 3910 PRACTICUM (1-6) PRA. SU. Pr., Departmental approval. Directed experience in a professional setting. A) Human Development; B) Family Studies; C) Marriage and Family Therapy. Course may be repeated for a maximum of 6 credit hours.

HDFS 3930 SERVICE LEARNING IN HUMAN DEVELOPMENT AND FAMILY STUDIES (1-6) AAB/LEC. Pr., Departmental approval. Application of HDFS-relevant knowledge to real-life situations through active participation in a directed community service experience. A.) Auburn University Early Learning Center; B.) Harris Early Learning Center of Birmingham; C.) Other Community Placements. Course may be repeated for a maximum of 6 credit hours.

HDFS 3980 UNDERGRADUATE RESEARCH AND STUDY (1-5) AAB/LEC. SU. Directed research under faculty supervision. Course may be repeated for a maximum of 5 credit hours.

HDFS 4380 STUDY AND TRAVEL IN HUMAN DEVELOPMENT AND FAMILY STUDIES (2-6) AAB/FLD. Pr. (CAHS 2000 or CADS 2000 or CADS 2003 or CADS 2007) and HDFS 2000 and (NTRI 2000 or NTRI 2003 or NTRI 2007) or (NUFS 2000 or NUFS 2003 or NUFS 2007). Departmental approval. Study or work in the United States or internationally. Course may be repeated for a maximum of 6 credit hours.

HDFS 4470 ADVANCED LEARNING EXPERIENCES FOR YOUNG CHILDREN (4) LEC. 2, FLD/LEC. 6. Pr. (HDFS 2010 or HDFS 2013) and (HDFS 3010 or HDFS 3013) and HDFS 3460 and HDFS 3470. This course uses child development knowledge applied to advanced curriculum planning, family engagement and child assessment with 6 hours a week of supervised participation at Auburn University Early Learning Center and other centers.

HDFS 4500/4503 HOSPITALIZED CHILDREN AND THEIR FAMILIES (3) LEC. 3. Pr. HDFS 3010 or HDFS 3013. Junior standing. Junior standing in HDFS major or a major in a related field. Theories and research about children and their families in hospital settings. Credit will not be given for both HDFS 4500 and HDFS 4503.
HDFS 4510/4513 THERAPEUTIC PLAY (3) LEC. 3. Pr. HDFS 3010 or HDFS 3013. Theories and research on play, play's use in many contexts, and the many therapeutic qualities of play will be discussed. May count either HDFS 4510 or HDFS 4513.

HDFS 4520/4523 DYING, DEATH AND BEREAVEMENT (3) LEC. 3. Exploration of end of life issues from individual, relational and cultural perspectives.

HDFS 4660 RESOURCE MANAGEMENT FOR INDIVIDUALS, COUPLES, AND FAMILIES (3) LEC. 3. An understanding of the decisions individuals and families make about developing and allocating resources.

HDFS 4670 PARENT EDUCATION (3) LEC. 3. Principles of working with parents on individual and group bases. Must be in junior standing.

HDFS 4680/4683 FAMILY IN CROSS-CULTURAL PERSPECTIVE (3) LEC. 3. Pr. 2.25 GPA. HDFS 2000. Examination of family function and diversity in cultures and family systems around the world.

HDFS 4700 GENDER ROLES AND CLOSE RELATIONSHIPS (3) LEC. 3. Pr. HDFS 2000 or SOCY 1000 or SOCY 1007 or PSYC 2010 or PSYC 2013 or PSYC 2017 or COUN 2000. Analysis of changing roles and their effects on romantic, marital, and parent-child relationships.

HDFS 4920 INTERNSHIP IN HUMAN DEVELOPMENT AND FAMILY STUDIES (12) INT. HDFS major with current background check, all required coursework for the major complete, a grade of C or better in all HDFS major core classes at the 3000-level or higher, and an overall minimum GPA of 2.25. Internship applications must be submitted 2 semesters in advance. A computer and internet access is required.

HDFS 4950 ADVANCED SEMINAR (3) LEC. 3. Pr., Departmental approval. Topical seminar in HDFS. A) Advanced Research B) Child Development; C) Family Studies; D) Marriage and Family Therapy. Course may be repeated for a maximum of 9 credit hours.

HDFS 4960 SPECIAL PROBLEMS IN HUMAN DEVELOPMENT AND FAMILY STUDIES (1-3) IND. SU. Pr., Departmental approval. Supervised readings in one or more topical areas. Course may be repeated for a maximum of 3 credit hours.

HDFS 4980 ADVANCED UNDERGRADUATE RESEARCH IN HUMAN DEVELOPMENT AND FAMILY STUDIES (1-5) IND. Pr., Departmental approval, Junior standing. Conduct research under the direction of a human development and family studies faculty member on a topic of mutual interest. Course may be repeated for a maximum of 5 credit hours.

HDFS 4997 HONORS THESIS (2-6) IND. SU. Pr. Honors College. Research in specialized topics. Course may be repeated for a maximum of 6 credit hours.

HDFS 5200 APPLIED RESEARCH AND EVALUATION METHODS (3) LEC. 3. Junior standing. Application of research to the development and evaluation of programming for children and families.

HDFS 5300 HDFS AND SOCIAL POLICY (3) LEC. 3. Junior standing. Examination and critique of social policies from a family perspective.

HDFS 5930 SOCIETY AND HEALTH (3) LEC. 3. This course provides an overview of population-level theories of health and introduces students to concepts in society and health, with a focus on major themes related to social determinants of health and health inequities. May count either HDFS 5930 or HUSC 5930.

HDFS 5950 SEMINAR ON HEALTH ECOLOGY AND EQUITY (3) LEC. 3, SEM. 3. This is a seminar course that features distinguished lecturers. This course provides knowledge on special topics in health ecology and equity, delving into specific research programs. Course may be repeated for a maximum of 6 credit hours.

HDFS 5970 SPECIAL TOPICS IN HUMAN DEVELOPMENT AND FAMILY STUDIES (3) LEC. 3. Pr., Junior standing. Study of topics of special interest beyond the current departmental offerings. Course may be repeated for a maximum of 9 credit hours.

HDFS 6200 APPLIED RESEARCH AND EVALUATION METHODS (3) LEC. 3. Graduate standing. Application of research to the development and evaluation of programming for children and families.

HDFS 6300 HDFS AND SOCIAL POLICY (3) LEC. 3. Graduate standing. Examination and critique of social from a family perspective.

HDFS 6930 SOCIETY AND HEALTH (3) LEC. 3. This course provides an overview of population-level theories of health and introduces students to concepts in society and health, with a focus on major themes related to social determinants of health and health inequities. May count either HDFS 6930 or HUSC 6930.
HDFS 6950 SEMINAR ON HEALTH ECOLOGY AND EQUITY (3) LEC. 3, SEM. 3. This is a seminar course that features distinguished lecturers. This course provides knowledge on special topics in health ecology and equity, delving into specific research programs. Course may be repeated for a maximum of 6 credit hours.

HDFS 6970 SPECIAL TOPICS IN HUMAN DEVELOPMENT AND FAMILY STUDIES (3) LEC. 3. Pr., Graduate standing. Study of topics of special interest beyond the current departmental offerings. Course may be repeated for a maximum of 9 credit hours.

HDFS 7000 ADOLESCENT DEVELOPMENT (3) LEC. 3. Critical examination of empirical research and theories of adolescent development.

HDFS 7010 CHILD AND ADOLESCENT DEVELOPMENT IN CONTEXT (3) LEC. 3. Survey and critical examination of research on development from birth through adolescence.

HDFS 7020 ADULT DEVELOPMENT IN CONTEXT (3) LEC. 3. Survey and critical evaluation of research on development in the adult and aging periods of the life cycle.

HDFS 7040 FAMILY PROCESSES (3) LEC. 3. An orientation to family theories and their role in contemporary studies of family processes.

HDFS 7050 RESEARCH METHODS FOR HUMAN DEVELOPMENT AND FAMILY STUDIES (3) LEC. 3. Pr., Departmental approval. Survey of principles and methods for studying individuals, dyadic relationships and families.

HDFS 7060 RESEARCH METHODS FOR HUMAN DEVELOPMENT AND FAMILY STUDIES II (3) LEC. 3. Pr. HDFS 7050. Pr., Departmental approval. Survey of principles and advanced methods for studying individuals, dyadic relationships, and families.

HDFS 7600 MARRIAGE AND FAMILY THERAPY THEORY I (3) LEC. 3. Pr., Departmental approval. Overview of theoretical and historical foundations, classic and contemporary therapy models, and integrative frameworks for marriage and family therapy. Fall.

HDFS 7601 MARRIAGE AND FAMILY THERAPY THEORY LABORATORY I (1) LAB. 3. Pr., Departmental approval. Basic clinical skills and self-of-the-therapist issues. Fall.

HDFS 7610 MARRIAGE AND FAMILY THERAPY THEORY II (3) LEC. 3. Pr., Departmental approval. Current theory and conceptual issues in the practice of marriage and family therapy. Fall.


HDFS 7650 MARRIAGE AND FAMILY THERAPY PROFESSIONAL ISSUES (3) LEC. 3. Pr., Departmental approval. Professional, ethical, and legal issues associated with the practice of marriage and family therapy. Summer.

HDFS 7900 DIRECTED STUDIES (1-3) AAB/IND. SU. Pr., Departmental approval. A) Child Care and Programs for Young Children; B) Family Relations; C) Human Development; D) Marriage & Family Therapy; E) Parent Education; F) Social Policy. Course may be repeated for a maximum of 9 credit hours.

HDFS 7910 PRACTICUM (1-9) AAB/PRA. SU. A) Child Care and Programs for Young Children; B) Family Relations; C) Human Development; D) Marriage and Family Therapy; E) Parent Education; F) Social Policy; G) Teaching. Course may be repeated for a maximum of 9 credit hours.

HDFS 7920 MARRIAGE AND FAMILY THERAPY INTERNSHIP (3) INT. Pr., Departmental approval. Clinical practice of marriage and family therapy. Course may be repeated for a maximum of 9 credit hours.
HDFS 7930 SEMINAR IN HUMAN DEVELOPMENT AND FAMILY STUDIES (1-3) SEM. Pr., Departmental approval. A) Infancy/Childhood; B) Adolescence/Young Adulthood; C) Adulthood/Aging; D) Family as a Microsystem; E) Family and Mesosystem; F) Family in the Macrosystem; G) Child and Family Program Planning and Evaluation. Course may be repeated for a maximum of 16 credit hours.

HDFS 7940 DIRECTED FIELD EXPERIENCE (1-9) AAB/FLD. SU. Pr., Departmental approval. A) Child Care and Programs for Young Children; B) Family Relations; C) Human Development; D) Marriage and Family Therapy; E) Parent Education; F) Social Policy. Course may be repeated for a maximum of 9 credit hours.

HDFS 7970 SPECIAL TOPICS IN HDFS (1-4) LEC. Students will learn about key issues in sleep research, especially with those related to family functioning and social/emotional, behavioral, and physical health. Students will have assigned readings to prepare them for discussions during the lectures. Course may be repeated for a maximum of 18 credit hours.

HDFS 7990 RESEARCH AND THESIS (1-10) AAB/MST.

HDFS 8010 RELATIONSHIP DEVELOPMENT AND PROCESS IN CHILDHOOD AND ADOLESCENCE (3) LEC. 3. Theoretical and empirical themes focused on processes and dynamics of relationships in childhood adolescence.

HDFS 8020 RELATIONSHIP DEVELOPMENT AND PROCESS IN ADULTHOOD (3) LEC. 3. Theoretical and empirical themes focused on processes and dynamics of relationships in adulthood and aging.

HDFS 8050 ADVANCED RESEARCH METHODS: COVARIANCE STRUCTURE ANALYSIS (3) LEC. 3. Pr. HDFS 7060. In-depth examination of research methods, designs, and data analytic strategies commonly used in child and family research.

HDFS 8051 ADVANCED RESEARCH METHODS (1) LAB. 1. Pr. HDFS 7060. Coreq. HDFS 8050. Lab designed to enhance the application of advanced research methods and data analytic strategies used in HDFS research.

HDFS 8060 MULTILEVEL MODELING (3) LEC. 3. Pr. HDFS 7060. In-depth examination of multilevel modeling as an analytic strategy for research in nested data structures.

HDFS 8061 APPLIED LONGITUDINAL METHODS IN HUMAN DEVELOPMENT AND FAMILY STUDIES LAB (1) LAB. 1. Pr. HDFS 7060. Coreq. HDFS 8060. Lab designed to enhance the examination of longitudinal methodology as an analytic strategy used in HDFS research.

HDFS 8070 MEDIATION AND MODERATION ANALYSIS (3) LEC. 3. Pr. HDFS 7060. Methods for evaluating mediation and moderation hypotheses by addressing both study designs and statistical analyses.

HDFS 8080 SURVIVAL ANALYSIS (SA) AND LATENT CLASS ANALYSIS (LCA) (3) SEM. 3. Pr. HDFS 7060. Methodological advances in longitudinal and categorical analysis have provided promising avenues for researchers interested in answering questions about event occurrence and latent classes. These two analytic techniques will be the focus of this course.

HDFS 8090 QUALITATIVE METHODS IN THE SOCIAL SCIENCES (3) LEC. 3. This course prepares graduate students to conduct and evaluate qualitative research in social science disciplines.

HDFS 8970 ADVANCED SPECIAL TOPICS IN HUMAN DEVELOPMENT AND FAMILY STUDIES (1-3) LEC. Departmental approval. Study of advanced topics of special interest beyond the current departmental offerings. Course may be repeated for a maximum of 9 credit hours.

HDFS 8990 RESEARCH AND DISSERTATION (1-10) DSR.