

Exercise Science (KESB)

Freshman

Fall	Hours	Spring	Hours
Select one of the following:		4 BIOL 2500 Human Anatomy and Physiology I	3
BIOL 1020 Principles of Biology & BIOL 1021 Principles of Biology Laboratory		BIOL 2501 Human Anatomy and Physiology I Laboratory	1
BIOL 1027 Honors Biology		ENGL 1120 English Composition II	3
ENGL 1100 English Composition I		3 Core Social Science	3
Core Social Science		3 Core Humanities	3
MATH 1130 Pre-Calculus Trigonometry		3 PHED Elective	2
KINE 1100 Wellness & Public Health		3	
	16		15

Sophomore

Fall	Hours	Spring	Hours
BIOL 2510 Human Anatomy and Physiology II		3 CHEM 1030 Fundamentals Chemistry I	3
BIOL 2511 Human Anatomy and Physiology II Laboratory		1 CHEM 1031 Fundamental Chemistry I Laboratory	1
Core Literature ¹		3 Core Literature or Core Humanities ¹	3
Core History ¹		3 Core History or Core Social Science ¹	3
Core Fine Art		3 Elective	3
KINE Electives		3 KINE 2250 Motor Development Across the Lifespan	2
	16		15

Junior

Fall	Hours	Spring	Hours
PHYS 1500 General Physics I		4 Select one of the following:	4
KINE 3650 Motor Learning and Performance		3 BIOL 1030 Organismal Biology & BIOL 1031 Organismal Biology Laboratory	
KINE 4620 Exercise and Sport Psychology		3 BIOL 1037 Honors Organismal Biology	
KINE 2251 Motor Development Across the Lifespan Laboratory		1 KINE 3620 Biomechanical Analysis of Human Movement	3
PHED Elective		2 KINE 3621 Biomechanical Analysis of Human Movement Laboratory	1
Directed Electives		3 KINE 3680 Physiology of Exercise	3
		KINE Electives	3
	16		14

Senior

Fall	Hours	Spring	Hours
KINE 4760 Introduction to Exercise Science Research		3 KINE 4780 Exercise Science Research	3
Directed Electives		10 Directed Electives	12

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Total Hours: 120

- ¹ Students must complete a history sequence or a literature sequence.
- ² Directed Electives and KINE Electives: See advisor for options.